

Youth Sports

MONKA SOCCER ACADEMY

The youth academy is designed to develop young aspiring soccer players in the areas of technique (skills), tactics (decision making), physical fitness, and sports psychology. The youth academy will be run by former professional player Bryan Monka with the intent of teaching skill, creativity, and decision making in a fun, competitive environment where winning is encouraged but is not the sole focus. **Instructor:** Bryan Monka

The following descriptions are for the following ages and abilities:

Age: 5-7

The focus with this group will be on simple technical skills. The skills will be learned through fun games and repetition. One versus one play will be encouraged at this age.

Session II

Wednesday Location: Pitts Ranch Park
Class#..... Time..... Date Cost
 0932.200.... 4:00-5:00pm.....4/7-4/21 \$60

Friday Location: Community Center Park
 0952.201.... 4:00-5:00pm.....4/30-5/14 \$60

Session III

Wednesday Location: Pitts Ranch Park
 0932.202.... 4:00-5:00pm.....4/28-5/12 \$60

Friday Location: Community Center Park
 0952.203.... 4:00-5:00pm.....4/30-5/14 \$60

Session IV

Wednesday Location: Pitts Ranch Park
 0932.204.... 4:00-5:00pm.....5/19-6/9 \$79

Friday Location: Community Center Park
 0952.205.... 4:00-5:00pm.....5/21-6/11 \$79

Age: 8-10

The focus of this group will be on technical skills with simple tactics. The skills and tactics will be learned from fun games, repetition and small sided games. One versus one and two versus two matches will be encouraged at this age.

Session II

Wednesday Location: Pitts Ranch Park
Class#..... Time..... Date Cost
 0932.206.... 5:00-6:00pm.....4/7-4/21 \$60

Friday Location: Community Center Park
 0952.207.... 5:00-6:00pm.....4/9-4/23 \$60

Session III

Wednesday Location: Pitts Ranch Park
Class#..... Time..... Date Cost
 0932.208.... 5:00-6:00pm.....4/28-5/12 \$60

Friday Location: Community Center Park
 0952.209.... 5:00-6:00pm.....4/30-5/14 \$60

Session IV

Wednesday Location: Pitts Ranch Park
Class#..... Time..... Date Cost
 0932.210.... 5:00-6:00pm.....5/19-6/9 \$79

Friday Location: Community Center Park
 0952.211.... 5:00-6:00pm.....5/21-6/11 \$79

Age: 11-13

The focus of this group will be advanced technical skills, simple fitness, and small group tactics. The skills and tactics will be learned from competitive small sided exercises, repetition, and competitive small sided games.

Session II

Wednesday Location: Pitts Ranch Park
Class#..... Time..... Date Cost
 0932.212.... 6:00-7:00pm.....4/7-4/21 \$60

Friday Location: Community Center Park
 0952.213.... 6:00-7:00pm.....4/9-4/23 \$60

Session III

Wednesday Location: Pitts Ranch Park
Class#..... Time..... Date Cost
 0932.214.... 6:00-7:00pm.....4/28-5/12 \$60

Friday Location: Community Center Park
 0952.215.... 6:00-7:00pm.....4/30-5/14 \$60

Session IV

Wednesday Location: Pitts Ranch Park
Class#..... Time..... Date Cost
 0932.216.... 6:00-7:00pm.....5/19-6/9 \$79

Friday Location: Community Center Park
 0952.217.... 6:00-7:00pm.....5/21-6/11 \$79

FREEDOM PARK BMX TRACK

*An American Bicycle Association
Sanction Track*

For general information on ABA BMX racing in Camarillo call:

Track Hotline: 805.824.7854

Track Operator: 805.490.5628 or visit
www.freedomparkbmx.com

Track Operators: Frank Marino /
Richard Huvad

2010 Schedule

Mondays & Wednesdays

Practice 5:00-8:00pm

Cost - \$5 Practice Fee

Thursdays

Practice and Race

Registration 5:00-6:30pm

Saturdays

Practice and Race Registration

4:00-6:00pm

Racing 6:15pm

Riders do not need to race
in order to practice

Cost - \$10 Race Fee or
\$5 Practice Only Fee



Directions to Freedom Park BMX Raceway:

Exit HWY 101 to Las Posas Road, proceed south one mile on Las Posas to Pleasant Valley Road, turn right and proceed west one mile to Freedom Park Drive. Turn right and enter Freedom Park, the BMX track is next to the Roller Hockey Rink.

*"Creating Community through People,
Parks and Programs"*