

YOUTH & ADULT DANCE

SATURDAY MORNING BALLET

Saturday **Age: 7-9**
 This 1-hour class offers a fun approach to the concepts of ballet emphasizing controlled body movement and alignment. Your child will learn the basics of this beautiful art, which will enhance their flexibility as well as their muscle strength. **Instructor:** Galaxy Performance Arts. **Location:** Room 6.
Class #..... Time..... Date..... Cost
 4361.001... 10:30-11:30am.....1/10-2/14 \$74
 4361.003... 10:30-11:30am.....2/21-3/28 \$74

BALLROOM DANCE

Tuesday **Age: 16+**
Instructor: Alan & Suzi Nielsen.
Location: Rooms 1-3.
Class#..... Time..... Date..... Cost
LEVEL 1: FOXTROT, EAST COAST SWING, & TANGO
 2612.000.... 7:15-8:15pm.....1/13-2/17 \$57
LEVEL 1: CHA CHA, WALTZ, & SALSA
 2612.001.... 8:15-9:15pm.....1/13-2/17 \$57
BOOT CAMP REVIEW
LEVEL 1: FOXTROT, EAST COAST SWING, CHA CHA, & TANGO
 2642.002.... 7:15-8:15pm.....3/3-3/24 \$38
LEVEL 1&2: FOXTROT, TANGO, EAST COAST SWING, CHA CHA & WALTZ
 2642.003.... 8:15-9:15pm.....3/3-3/24 \$38

ADULT TAP DANCE

Monday **Age: 15+**
 Refresh your skills from your early dance years or come into the class as a beginner. Class is held on our wood dance floor. No class 1/19 and 2/16. **Instructor:** Haley Nicole. **Location:** Room 6.
Class#..... Time..... Date..... Cost
 6411.000.... 4:00-5:00pm.....1/5-2/9 \$59
 6411.003.... 4:00-5:00pm.....2/23-3/30 \$59



Tunes and Tumbles Parent & Child class. See page 18.

**ADULT SPORTS LEAGUES
 SEE PAGE 38.**

BELLY DANCE

Monday **Age: 10+**
 Learn the most joyous form of self-expression! This class teaches basic elements of the art of belly dance. The Intermediate class builds on the techniques learned in the Beginning class with opportunities to perform. No class 1/19 and 2/16. **Instructor:** Haley Nicole. **Location:** Room 6.
Class#..... Time..... Date..... Cost
BEGINNING
 6411.001.... 5:00-6:00pm.....1/5-2/9 \$59
 6411.004.... 5:00-6:00pm.....2/23-3/30 \$59
INTERMEDIATE
 6411.002.... 6:00-7:00pm.....1/5-2/9 \$59
 6411.005.... 6:00-7:00pm.....2/23-3/30 \$59



CA DANCING

Monday **Age: 13+**
 In this course we will go over a few of the most popular social Cali dances: West Coast Swing (our official state dance), Two-Step (you can find a 2-step venue in nearly every CA town!), and Nightclub two-step (a true dancer's dance to the slow stuff). No previous experience required. Questions? Email: Stephanie@dancerealm.com. **Instructor:** Stephanie Lynn Hules. **Location:** Freedom Center.
Class#..... Time..... Date..... Cost
 2311.003.... 6:30-7:30pm.....3/2-3/23 \$42

BEGINNING SALSA WORKSHOP

Monday **Age: 13+**
 The Latin dance Salsa is becoming increasingly popular! Get off to a good start learning in this fun, one time class. Pick up good footwork and technique while learning good lead & follow skills. Questions? Email: Stephanie@dancerealm.com. **Instructor:** Stephanie Lynn Hules. **Location:** Freedom Center.
Class#..... Time..... Date..... Cost
 2311.000.... 6:30-8:00pm.....1/12 \$22

SAVE TIME. REGISTER ON-LINE.



INTRODUCTION TO SOCIAL DANCE

Monday **Age: 13+**
 Have fun and discover a love for music and dance. Learn the basic steps with good footwork and technique while learning good lead and follow skills. We will take a look at Salsa, ChaCha, Meringue, Nightclub Slow Dance, and East Coast Swing. No previous experience is required. Questions? Email: Stephanie@dancerealm.com. **Instructor:** Stephanie Lynn Hules. **Location:** Freedom Center.
Class#..... Time..... Date..... Cost
 2311.004.... 7:30-8:30pm.....3/2-3/23 \$42

BEG/INT SALSA

Monday **Age: 13+**
 More Salsa! Continue to improve footwork and technique while learning good lead & follow skills. Learn more fun moves and patterns to use on the social dance floor. You will leave with confidence and motivation to experiment on the dance floor. Questions? Email: Stephanie@dancerealm.com. **Instructor:** Stephanie Lynn Hules. **Location:** Freedom Center.
Class#..... Time..... Date..... Cost
 2311.001.... 6:30-7:30pm.....1/26-2/9 \$40

BEGINNING 2-STEP

Monday **Age: 13+**
 Did you know that there is a 2-step venue in nearly every CA town? Learn to 2-step your way around the floor. Pick up good footwork and technique while learning good lead and follow skills and fun moves. Questions? Email: Stephanie@dancerealm.com. **Instructor:** Stephanie Lynn Hules. **Location:** Freedom Center.
Class#..... Time..... Date..... Cost
 2311.002.... 7:30-8:30pm.....1/26-2/9 \$37