



Pleasant Valley Recreation and Park District Job Description

Job Title: Lifeguard & Water Safety Instructor
Department: Recreation
Reports to: Aquatics Center Program Coordinator
FLSA Status: Non-exempt

Location: Aquatic Center
Prepared Date: April 2015
Approved by: Board of Directors
Approved Date: July 1 , 2015

Summary: Under direct supervision, provides swimming instruction for various levels of classes. Performs life guarding duties for public swimming and instruction.

- Perform water rescues and provide CPR, first aid and rescue breathing as needed
- Instruct and/or assist with instruction of swimming lessons of all ages and abilities by following a structured lesson plan
- Perform accurate cash register operations and ability to count money using addition and subtraction
- Ability to communicate effectively with co-workers and customers in person and over the phone
- Perform set up and breakdown of facility equipment as needed
- Assume a professional attitude and appearance at all times while on duty
- Considerately and patiently enforce facility rules to provide a safe environment and maintain order in swimming areas
- Perform daily cleaning of pool, deck, locker rooms, restrooms, lobby and other areas as assigned
- Perform other duties as assigned

Education/Experience: Must be at least 16 years old, a valid work permit is required if you have not graduated high school or received a GED at time of hire. Water Safety Instructor must have six (6) months experience in teaching swim lessons.

Certifications, Licenses, Registrations: Required American Red Cross certifications (before start of employment): Lifeguarding, Standard First Aid, CPR for the Professional Rescuer and AED. In addition to the required certifications, the American Red Cross WSI (Water Safety Instructor Certification) is preferred for Lifeguards and **required** for Water Safety Instructors. This position requires less than average amount of driving for those over 18 years of age and therefore must have daily access to a vehicle and possess a valid California Driver's License and maintain appropriate insurance on vehicles used in the course of business duties. Position may involve driving to events as a representative of the District. The successful candidate must pass a Department of Justice Live Fingerprint Scan, Background/Reference Check, Screenings for Alcohol, Drug and Tuberculosis prior to the start of employment.

PHYSICAL DEMANDS: Swimming sufficient to perform lifesaving techniques and rescues; travels across wet, sloping surfaces; vision and hearing sufficient to and communicate across a noisy public swimming pool; speaking sufficient to exchange information in person, on the telephone, or at formal presentations; dexterity of hands and fingers to operate pool equipment; bending, stooping, reaching, kneeling, or crouching; sitting or standing for extended periods of time; and lifts, pushes and pulls 50 pounds when responding to emergency lifesaving situations. Hazards: Chemicals associated with a swimming pool; contact with blood, other body fluids, and communicable diseases; and slippery, uneven surfaces.

WORK ENVIRONMENT: The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. Works inside and outside in seasonal climate and weather conditions; works on slippery surfaces, where water and swimming pool chemicals are frequently encountered; may drive a vehicle to different locations; works irregular schedules including evenings, weekends, and holidays; and subject to emergency situations.