

U p d a t e d 1.14.25

## **Pleasant Valley Senior Center**

### Daily Activities

All activities take place at the Senior Center unless noted on the schedule. For a full description of activities, visit our website at pvrpd.org/senior-center

ACTIVITY	MON	TUE	WED	THU	FRI
MORNING STRETCH	8AM-9AM	8AM-9AM	8AM-9AM	8AM-9AM	8AM-9AM
YOGA	9AM-10AM 10AM-11AM	9AM-10AM 10AM-11AM	9AM-10AM	9AM-10AM	9AM-10AM 2PM-3PM
WALKING GROUP	9:30AM-10:45AM				9:30AM-10:45AM
ART GROUP		9AM-12PM Rooms 2&3			
CANASTA	9:30AM-1:30PM				
PINOCHLE	11AM-4PM			11AM-4PM	
MEXICAN TRAIN		12:30PM-3:30PM	10AM-12:30PM		
MAHJONG				11:30AM-1:30PM	
CARD GROUP		12PM-4PM		12PM-4PM	
EUCHURE			12PM-3PM		
NICKEL				1PM-4PM	
HAND & FOOT		12PM-4PM			
SOCIAL BRIDGE			12PM-3PM		
SENIORS OF NOTE		1PM-3PM Room 7			
SENIOR SOFTBALL		9AM-12PM Mission Oaks Park			

# Activities are free, just drop in & join!

1605 E. Burnley St. Camarillo, CA 93010 805.482.4881

#### Hours: Monday-Friday 9AM-4PM

We offer puzzles, books, board games, and pool tables for use in the Senior Center.

#### Table Tennis

Mon./Wed./Fri.
1PM-4PM
Freedom Center
515 Eubanks St.,
Camarillo

#### Bingo

Every Wednesday
12 PM - 3 PM
Auditorium
Buy-ins Required

#### Ukulele

Twice a month on Monday's 10AM-12PM Auditorium Ask us for dates!

#### Book Club

Second Tuesday of Every Month 5:30PM-6:30PM Senior Center